

Clear + Brilliant Laser Treatment

What is it?

Clear + Brilliant laser treatments are gentle skin resurfacing treatments. This treatment is safe for all skin types for the treatment of fine lines, sunspots, mild scarring, and sun damage.

How does it work?

The Clear + Brilliant treatment involves six fast and easy sessions at least two weeks apart. This laser treats scars, lines, and discolored skin without leaving you with any downtime. Each treatment takes about 20 minutes. The Clear + Brilliant laser refreshes skin tone and texture by gently penetrating deeper levels of the skin. This treatment can also increase skin permeability, allowing skincare products to penetrate deeper layers of the skin and work more effectively. The damaged pigmented lesions slough off over the course of approximately one week, leaving the skin feeling slightly rough.

Pre-Treatment Preparation

Prior to the treatment, you should stop the use of retinols at least one week prior to the treatment. It is best if the skin is not tanned, sun burned, broken or inflamed. On the day of treatment, the area being treated should be washed so it is free of makeup or any skincare products. You must arrive one hour prior to their appointment for numbing with a topical ointment.

Expected Side Effects

- Heat-related discomfort (temporary)
- Redness and swelling of treated areas
- Itching of treated skin
- Acne or milia (tiny clogged pores that appear white)
- Cold sore eruption (if you have a history of cold sores, particularly around the mouth)
- Mild and gradual flaking of skin
- Mild grittiness (rough texture) of skin

Aftercare

1. Gentle Products Do not use abrasive scrubs or toners for a week or so after the last treatment. Allow skin to fully heal before returning to normal skin care. **READ YOUR LABELS!** If your products have glycolic acid or Retin A in them, discontinue use for two weeks before your procedure and two weeks post treatment.

Cleanse and moisturize daily with light, plain products such as Aveeno, Neutrogena, Cetaphil, etc.

2. Moisture Apply a light cream moisturizer whenever your skin is feeling dry. Heavy ointments such as Vaseline, Aquaphor, or Neosporin ointment may clog your pores and cause mild breakouts, however, they should be applied to raw skin. You do not have to apply band-aids, but keep tender areas moist and *do not pick at them*. They will heal on their own without incident rapidly.

3. Sun Protection Use plenty of SPF 50+ several times a day and avoid large amounts of sun exposure if at all possible. If sun exposure is necessary (walking to your car), wear clothing that covers the treated area, such as wide-brimmed hats.