

Hyaluronic Acid-Based Fillers

Belotero, Restylane, Juvederm Ultra, Volbella, Vollure, Voluma

About treatment

The above fillers are part of a family of products that can be used to add volume and fullness to the skin to correct moderate to severe facial wrinkles and folds and add structure where volume has been lost.

These fillers are made of a synthetic substance known as hyaluronic acid. Filler is not permanent and results vary based on the filler used. Talk with your provider to discuss the longevity of each product. Treatment with hyaluronic products typically takes less than 30 minutes (individual treatment times may vary). Generally, there is little to no downtime associated with treatment.

Pre-treatment guidelines

- Avoid using aspirin, nonsteroidal anti-inflammatory medications (such as ibuprofen), St. John's wort, fish oil, or high doses of vitamin E supplements. These agents may increase bruising and bleeding at the injection site.
- Plan to arrive to the office an hour prior to your scheduled appointment time for topical numbing.
- To avoid potential bruising, Arnica tablets can be taken 5-7 days prior to procedure

Post-treatment

- Use cold compresses to reduce swelling.
- Avoid touching the treated area for the first six hours following treatment, so you do not accidentally injure your skin while the area is numb. After six hours, the area can be gently washed with soap and water.
- Avoid exposure to intense heat (sun lamp or sunbathing) or cold.
- Avoid taking aspirin, nonsteroidal anti-inflammatory medications, St John's wort, or high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.
- After treatment some swelling, redness, pain, bruising, or tenderness may occur. These are typically mild and normally last less than 14 days.
- **Please see your provider two weeks after your treatment for follow up**

Important Safety Considerations

- Products should not be used during pregnancy, when breastfeeding, or in patients under 18 years
- Use at the site of skin sores, pimples, rashes, hives, cysts, or infection should be postponed until healing is complete. In these instances, product use could delay healing or make your skin problems worse.
- Rarely, the doctor may inject into a blood vessel, which can damage the skin. Although rare, red or swollen small bumps may occur.
- Products with hyaluronic acid should NOT be used by people with previous bad allergies, particularly to microorganisms known as gram-positive bacteria, or by people with serious allergies to drugs that have previously required in-hospital treatment.