



Kybella Post-Care Instructions

What to expect immediately following treatment

Immediately following treatment, you will be asked to sit for 15 minutes with a provided ice pack applied consistently to the area. It is common to feel a stinging of the treated site 15 minutes following the procedure. The area may feel warm, tender, and/or swollen immediately following the injections. Significant swelling is expected to occur during the week following treatment, with possible prolonged swelling last one month.

What to expect during the days following treatment

For most patients, downtime with Kybella is minimal.

Possible side effects include:

- Significant swelling for one week
- Prolonged swelling last approximately one month
- Redness
- Stinging in the treated site for 15 minutes following the procedure
- Bruising
- Pain
- Numbness for approximately three weeks
- Hardness of the area

Swelling may be managed with ice. Pain may be managed with ibuprofen, or a preferred substitute if you have an allergy to ibuprofen.

Notify our office...

If you experience any of the following side effects:

- Asymmetric smile
- Facial muscle weakness
- Difficulty swallowing
- Significant worsening of existing symptoms

Follow Up

You must return in one month following treatment for evaluation. Treatments will often be spaced about 4-8 weeks apart, as recommended by your provider.