

#### **ThermiSmooth®**

Non-invasive treatment for skin laxity, wrinkle improvement and smoothing

#### How it works?

ThermiSmooth® Face is performed using a specially designed temperature controlled hand piece. The hand piece gently heats the skin's surface using radiofrequency technology to stimulate production of collagen and elastic fibers, which may give the appearance of smoothing or wrinkle reduction.

## What can I expect the day of treatment?

ThermiSmooth is a gentle therapy that is non-invasive, and has no downtime. It requires a series of 3-6 applications, scheduled 1-3 weeks apart for the best results.

- Remove all jewelry and makeup, including lotions, from the treatment area prior to treatment
- With your consent, a series of before photos will be taken upon arrival
- The area(s) will be cleansed and prepped with alcohol
- A disposable electrode will be placed to the treated area—you may feel an electric shock similar to a static discharge in a dry environment when the electrode makes contact or is removed from the skin.
- Beard stubble should be thoroughly removed prior to treatment as remaining stubble may accentuate shocks
- Eye shields will be placed if eyes are being treated

### What can I expect during treatment?

Slight discomfort may be experienced while undergoing treatment. Typically the discomfort is mild and temporary during the procedure and localized within the treatment area. During the treatment you should feel warmth and heat and provide ongoing feedback to the healthcare provider performing the treatment. Treatment time is approximately 30 minutes.

# What can I expect after treatment?

You may experience warmth and a mild pink to red appearance of the skin that usually dissipates in about 30 minutes post treatment. Mild swelling may occur which typically goes away within 2 to 24 hours. Diligent protection from sun exposure and application of sunscreen after treatment will minimize pigmentation changes. Post-treatment care guidelines will be provided following treatment. Please schedule your follow-up appointment or further treatments with the office.

### Important ThermiSmooth® Safety Considerations

Thermi Radiofrequency products should not be used on patients who are pregnant, have fever, or skin infection in or around the area of application.